

**2013 Jeju ASTC - ITU
Development Junior/U23
Women Continental Camp
Information**



Information of the Camp

- ❖ Projects Name: ITU/ASTC U23 & Junior Camp
- ❖ Period: July 31st to August 6th, 2013
- ❖ Venue: Jeju, Korea
- ❖ Coaches: Luc Morin
- ❖ Maximum Participants: 10 female athletes and 5 coaches
- ❖ Participants' requirement:
 - ✓ Entry should be applied through participants' NFs
 - ✓ Prepare good Swim, Bike, Run Gears(**cracked helmets not allowed**)
 - ✓ Insurance certificate required
- ❖ Accommodation: Donga Training Center
 - ✓ Address: Gang Chang Hark Park, 1359, Gangjeong-dong, Seoguipo City, Jeju Province
 - ✓ Tel: 82 64 730 5200
 - ✓ Fax: 82 64 730 5240



Qualifying Standards

- Participants are required to meet following all 3 standards.
 - Top 25 finisher at ITU World Championships 2011
 - Finish within 8% of the winning time Asian Champ.
 - Time standards
 - ✓ 5000m run (400m track) within 3 months:
Girls – 18:50; Boys – 16:30.
 - ✓ 1000m swim(in pool):
Girls – 14:30; Boys – 13:30.



Schedule

Date	Activities	Venue
July 30th	Arrival	Jeju
July 31 st to August 6 th	Camp	Jeju
August 7th	Departure	Jeju



Athletes Assistance Policy

- Full Assistance Group Athlete

Cat.	Gender	First Name	Last Name	NFs
Junior	Female	Hilda	Choi Yan Yin	HKG
Junior	Female	Oxana	Grot	KAZ
Junior	Female	Chia Chia	Chang	TPE
U23	Female	Karolina	Solovyova	KAZ

- Other athletes

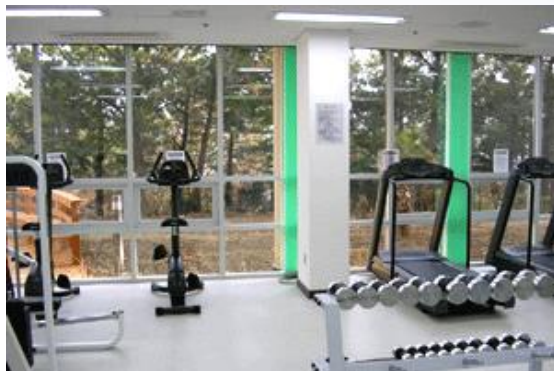
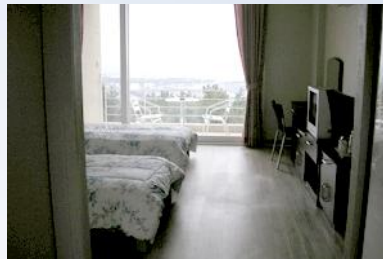
Priority for the support is above selected athletes. If some of them do not join the camp, we will subsidize other athletes with remaining budget. The support will be considered travel distance of participants.



Location Photo



Donga Training Center



Training Facilities

Track right next Donga Training Center



Swimming Pool

