



ASIAN TRIATHLON CHAMPIONSHIP RULES

Introduction: These rules are revised in line with ITU Continental Cup Rules.

Rule 1 : Purpose

The Asian Triathlon Confederation (ASTC) being the sole governing body of Triathlon in the Asian Continent is responsible to enact rules for the Asian Triathlon Championship (ATC) to be organized every year in accordance with the ITU Rules.

Rule 2 : Bidding for Hosting

- 1) Bidding to hold the *Championship* shall be invited from all ASTC Members. Bidding documents shall be in the hand of the Secretary General by 30 September for Championship in the following year.
- 2) The Executive Board shall decide & appoint a bidding Member to organize the ATC based on its presentation & its ability to organize such ATC.

Rule 3 : Duties of Organizing Member

- 1) Bears the sole responsibility to the ASTC for the organizing of ATC by signing a formal agreement between ASTC & the successful Member.
- 2) Assures the competence of the judges and other officials who will officiate in the ATC.
- 3) Determines with the Technical Delegate (TD) the order of events and complete the daily programme at least three months prior to the ATC.
- 4) Provides conditions (rooms, transport, equipment, etc.) for ASTC Representatives.
- 5) Sends to all NFs the relevant information, bulletins, etc at least 2 months before the Championship in English (the official language of ASTC).
- 6) Updates all relevant information in ITU's & ASTC's websites.

Rule 4 : Appointment of ATC Technical Delegate & other Technical Officials

- 1) Appointment of TD & Assistant Technical Delegate (ATD) shall be carried out according to the existing ITU's Technical Officials Appointment Policy and approved by ASTC EB.
- 2) The appointment of other Technical Officials should also be appointed by the TD in consultation with the Local Organizing Committee (LOC).

Rule 5 : Financial Obligations of Organizing Member

- 1) Sanction fee of US \$ 700.
- 2) Cost and expenses involved in the preparations and conduct of the ATC, including the site visit by the appointed TD three (3) to six (6) months in prior to the ATC.
- 3) Travelling expenses, board & lodging of the TD for a period of not more than four (4) days prior to the opening of the ATC and that not more than two (2) days after the end of the ATC.

- 4) Allowance of US\$300 to TD.
- 5) Travelling for the aTD & an allowance of US\$150. NF will also bear the cost of room & board for the aTD for not than more than 5 days 4 nights.
- 6) Travelling expenses (first class train or economy class for aircraft), including meals en-route, together with board & lodging for five (5) days and four (4) nights of the ASTC President, Vice Presidents, Secretary General, Treasurer, Board Members, Referee and Medical Delegate.
- 7) Board & lodging for four (4) nights and five (5) days of up to six (6) Elite athletes -- two (2) of which must be juniors for sprint & there must be 2 females athletes in the team -- and two (2) officials, one of whom shall be a Congress Delegate. However, LOC will only provide for the Congress Delegate if there is no athlete from that NF.
- 8) Local transport (transfer-in and -out, hotel-venue-hotel, functions outside the hotel) for all officials and athletes of Members and the persons cited in subparagraph 6) & 7) above & all Technical Officials.
- 9) Entry fees of elite athletes shall also be waived by the Organizing Member.

Rule 6 : Championship Events

- 1) Elite Men & Elite Women (1.5 Km. Swim, 40 Km. Bike & 10 Km. Run)
- 2) Junior Men & Junior Women (0.75 Km. Swim, 20 Km. Bike & 5 Km. Run)
- 3) Under 23 Men & Under 23 Women (1.5 Km. Swim, 40 Km. Bike & 10 Km. Run)
- 4) Elite Men & Elite Women, Junior Men and Junior Women, and Under 23 Men & Under 23 Women Team Competitions
- 5) Team Mixed Relay consisting of 2 females & 2 males Each athlete shall complete the distance of 250m Swim, 7km Bike & 1.8km Run or at other distance to be approved by EB.
- 6) Paratriathlon whenever feasible as in accordance with ITU's Paratriathlon Rules.
- 7) Age Groups Men & Women as per existing ITU Competition Rules.

Rules 7 : Duration

The maximum period for the *Championship* shall be five (5) days, including the day for the Executive Board Meeting and the Congress. In the Congress, each Member may send a maximum of three (3) Delegates, one of whom shall be a Woman.

Rule 8 : Eligibility of Athletes

Competitors, including the Age-groupers, must be entered by their respective National Federations via ITU's website.

In events other than the Elite Men & Elite Women:

- 1) The Juniors must comply with the age requirement stipulated in ITU Competition Rules.
- 2) The U/23s must comply with the age requirement stipulated in ITU Competition Rules.

- 3) Age for each of the age group categories 18-19 yrs. and 5 year categories from 20 years to 80+ will be determined as of 31 December in the year of the competition.

Rule 9 : Closing Date for Entries

Closing date for entries shall not be later than fourteen (14) days prior to the first day of *Championship*.

Rule 10 : Doping Control

Doping control shall be carried out under the following conditions:

- 1) The Organizing Committee shall provide the technical and medical facilities (in particular personnel and equipment) to carry out the doping procedure according to the ITU Doping Control Rules and Procedural Guidelines.
- 2) The LOC's Anti-doping Agency & the TD shall decide by a draw before each session which athletes are selected for doping control. This should either be on the final position or random basis but not by selection of named individuals.
- 3) Minimum of 8 in-competition tests are to be carried out.

Rule 11 : Awards

- 1) In the individual events, the first placer shall receive a gold medal (not real gold) and a diploma, the second placer a silver medal and a diploma and the third placer a bronze medal and a diploma. Diplomas shall be given to the 4th, 5th, 6th, 7th and 8th placers.
- 2) In the team events, each participating member of the winning team shall receive gold medal and diploma, of the second-placed team a silver medal and diploma, and of the third-placed team a bronze medal and diploma.

Rule 12 : Victory Ceremony

Medals shall be presented, if possible, immediately after the event and in the following manner:

- 1) The competitors adjudged first, second and third shall take their places in the victory podium in their respective uniforms in accordance with existing ITU's Policy.
- 2) The National Flag of the winner shall be hoisted on the center flagpole with the National Flag of the second placer on the right and the third on the left adjoining flagpoles facing the VIP stand.
- 3) The National Flags shall be hoisted to the accompaniment of the National Anthem of the winner with the medallists and the spectators turning towards the National Flags.

Rule 13 : Commemorative Medals

A commemorative medal shall be distributed to each official and competitor.

1. As amended as in Nov 2011.
2. As amended in Apr 2013