

ASIA TRIATHLON SPRINT CHAMPIONSHIP RULES

Introduction: These rules are revised in line with World Triathlon Continental Championship and Cup Rules.

Rule 1 : Purpose

The Asia Triathlon (AST) being the sole governing body of Triathlon in the Asian Continent is responsible to enact rules for the Asia Triathlon Sprint Championship (ATSC) to be organized every year in accordance with the World Triathlon Rules.

Rule 2 : Bidding for Hosting

- 1) Bidding to hold the Asia Triathlon Sprint Championship shall be invited from all AST Members and Bidding documents shall be in the hand of the Secretary General by 30 September for Championship in the following year.
- 2) The Executive Board shall decide & appoint a bidding Member to organize the ATSC based on its presentation & its ability to organize such ATSC.

Rule 3 : Duties of Organizing Member

- 1) Bears the sole responsibility to the AST for the organizing of ATSC by signing a formal agreement between AST & the successful Member.
- 2) Assures the competence of the judges and other officials who will officiate in the ATSC.
- 3) Determines with the Technical Delegate (TD) the order of events and complete the daily program at least three months prior to the ATSC.
- 4) Provides conditions (rooms, transport, equipment, etc.) for AST Representatives.
- 5) Sends to all NFs the relevant information, bulletins, etc at least 3 months before the Championship in English (the official language of AST).
- 6) Updates all relevant information in World Triathlon's & AST's websites.

Rule 4 : Appointment of ATSC Technical Delegate & other Technical Officials

- 1) Appointment of TD & Assistant Technical Delegate (ATD) shall be carried out according to the existing World Triathlon's Technical Officials Appointment Policy and approved by AST EB.
- 2) The appointment of other Technical Officials should also be appointed by the TD in consultation with the Local Organizing Committee (LOC).

Rule 5 : Financial Obligations of Organizing Member

- 1) Sanction fee of US \$ 3,000.00.
- 2) Cost and expenses involved in the preparations and conduct of the ATSC, including the site visit by the appointed TD three (3) to six (6) months in prior to the ATSC.
- 3) Travelling expenses, board & lodging of the TD for a period of not more than four (4) days prior to the opening of the ATSC and that not more than two (2)

days after the end of the ATC.

- 4) Allowance of US\$300 to TD.
- 5) Travelling for the aTD if from outside the host country & an allowance of US\$150. NF will also bear the cost of room & board for the aTD for not more than 5 days 4 nights. aTD could come from the host country but if they do not have qualified ITO then from neighboring country
- 6) Travelling expenses (first class train or economy class for aircraft), including meals en-route, together with board & lodging for five (5) days and four (4) nights , Referee and Medical Delegate.
- 7) Board & lodging for three (3) nights and four (4) days of up to four (4) Elite athletes -- two (2) of which must be 2 female athletes in the team -- and one (1) official. Also all EB Members, Senior Advisor, President's Office manager and Sports Development officer but table officers single room and other twin rooms.
- 8) Local transport (transfer-in and -out, hotel-venue-hotel, functions outside the hotel) for all officials and athletes of Members and the persons cited in subparagraph 6) & 7) above & all EB Members and Technical Officials.
- 9) Entry fees of elite athletes up to 4 shall also be waived by the Organizing Member.

Rule 6 : Sprint Championship Events

- 1) Elite Men & Elite Women (Swim: 0.75 km, Bike 20km, Run 5km)
- 2) U15 Men & U15 Women (Swim 400m, Bike 10km, Run 2.5km)
- 3) Age Groups Men & Women as per existing World Triathlon Competition Rules.

Rule 7 : Duration

The maximum period for the Championships shall be three (3) days.

Rule 8 : Eligibility of Athletes

Competitors, including the Age-groupers, must be entered by their respective National Federations via World Triathlon's website.

In events other than the Elite Men & Elite Women:

- 1) The elite must comply with the age requirement stipulated in World Triathlon Competition Rules.
- 2) Age for each of the age group categories 16-19 yrs. and 5 years categories from 20 years to 80+ will be determined as of 31 December in the year of the competition.

Rule 9 : Closing Date for Entries

Closing date for entries shall not be later than fourteen (14) days prior to the first day of Championship.

Rule 10 : Doping Control

Doping control shall be carried out under the following conditions:

- 1) The Organizing Committee shall provide the technical and medical facilities (in particular personnel and equipment) to carry out the doping procedure according to the World Triathlon Doping Control Rules and Procedural Guidelines.
- 2) The LOC's Anti-doping Agency & the TD shall decide by a draw before each session which athletes are selected for doping control. This should either be on the final position or random basis but not by selection of named individuals.
- 3) Minimum of 10 in-competition tests are to be carried out. (60% urine, 30% ESAs, 10% GHRF/GH)

Rule 11 : Awards

- 1) In the individual events, the first placer shall receive a gold medal (not real gold) and a certificate, the second placer a silver medal and a certificate and the third placer a Bronze medal and a certificate.
- 2) In the team events, each participating member of the winning team shall receive gold medal and certificate, of the second-placed team a silver medal and certificate, and of the third-placed team a bronze medal and certificate.

Rule 12: Victory Ceremony

Medals shall be presented, if possible, immediately after the event and in the following manner:

- 1) The competitors adjudged first, second and third shall take their places in the victory podium in their respective uniforms in accordance with existing World Triathlon's Policy.
- 2) The National Flag of the winner shall be hoisted on the center flagpole with the National Flag of the second placer on the right and the third on the left adjoining flagpoles facing the VIP stand.
- 3) The National Flags shall be hoisted to the accompaniment of the National Anthem of the winner with the medalists and the spectators turning towards the National Flags.

Rule 13 : Commemorative Medals

A commemorative medal shall be distributed to each official and competitor.

Rule 14 : Visa

The host country must make sure all the NF delegates, team officials and athletes get visa to enter the host country. The host country when applying to host our ATSC must make sure from their authorities that visa will be given as per above.

Rule 15 : Insurances.

The host country must buy insurance for medical in case the triathletes have to stay and undergo operation at the hospital and for any accident.

Rule 16 : Prize Money

The host country must have prize money for elites. The Prize money for elite is more than USD 5,000. One month before the championships the prize money must be deposited with AST