

# **ASIA TRIATHLON CHAMPIONSHIP RULES**

Introduction: These rules are revised in line with World Triathlon Continental Championships and Cup Rules.

## **Rule 1 : Purpose**

The Asia Triathlon (AST) being the sole governing body of Triathlon in the Asian Continent is responsible to enact rules for the Asia Triathlon Championship (ATC) to be organized every year in accordance with the World Triathlon Rules.

## **Rule 2 : Bidding for Hosting**

- 1) Bidding to hold the Asia Triathlon Championship shall be invited from all AT Members.  
Bidding documents shall be in the hand of the Secretary General by 30 September for Championship in the following year.
- 2) The Executive Board shall decide & appoint a bidding Member to organize the ATC based on its presentation & its ability to organize such ATC.

## **Rule 3 : Duties of Organizing Member**

- 1) Bears the sole responsibility to the AST for the organizing of ATC by signing a formal agreement between AST & the successful Member.
- 2) Assures the competence of the judges and other officials who will officiate in the ATC.
- 3) Determines with the Technical Delegate (TD) the order of events and complete the daily program at least three months prior to the ATC.
- 4) Provides conditions (rooms, transport, equipment, etc.) for AST Representatives.
- 5) Sends to all NFs the relevant information, bulletins, etc at least 3 months before the Championship in English (the official language of AST).
- 6) Updates all relevant information in World Triathlon's & AST's websites.

## **Rule 4 : Appointment of ATC Technical Delegate & other Technical Officials**

- 1) Appointment of TD & Assistant Technical Delegate (ATD) shall be carried out according to the existing World Triathlon's Technical Officials Appointment Policy and approved by AST EB.
- 2) The appointment of other Technical Officials should also be appointed by the TD in consultation with the Local Organizing Committee (LOC).

## **Rule 5 : Financial Obligations of Organizing Member**

- 1) Sanction fee of US \$ 1,000.00.
- 2) Cost and expenses involved in the preparations and conduct of the ATC, including the site visit by the appointed TD three (3) to six (6) months in prior to the ATC.
- 3) Travelling expenses, board & lodging of the TD for a period of not more than

four (4) days prior to the opening of the ATC and that not more than two (2) days after the end of the ATC.

- 4) Allowance of US\$300 to TD.
- 5) Travelling for the aTD if from outside the host country & an allowance of US\$150. NF will also bear the cost of room & board for the aTD for not more than 5 days 4 nights. aTD could come from the host country but if they do not have qualified ITO then from neighboring country
- 6) Travelling expenses (first class train or economy class for aircraft), including meals en-route, together with board & lodging for five (5) days and four (4) nights, Referee and Medical Delegate.
- 7) Board & lodging for four (4) nights and five (5) days of up to six (6) Elite athletes -- two (2) of which must be juniors for sprint & there must be two (2) females athletes in the team – and two (2) officials, one of whom shall be a Congress Delegate and also all EB members, Senior Advisor, President's Office manager and Sports Development officer but table official single room and other twin rooms.
- 8) Local transport (transfer-in and -out, hotel-venue-hotel, functions outside the hotel) for all officials and athletes of Members and the persons cited in subparagraph 6) & 7) above & all EB Members and Technical Officials.
- 9) Entry fees of elite athletes up to 6 shall also be waived by the Organizing Member.

#### **Rule 6 : Championship Events**

- 1) Elite Men & Elite Women (Up to Swim 1.5 km, Bike 40km, Run 10km)
- 2) Junior Men & Junior Women (Up to Swim 0.75km, Bike 20km, Run 5km)
- 3) Under 23 Men & 23 Women (Up to Swim 1.5km, Bike 40km, Run 10km)
- 4) Elite Men & Elite Women, Junior Men & Junior Women, Under 23 Men & Under 23 Women and Team Competitions.
- 5) Team Mixed Relay consisting of 2 females & 2 males. Each athlete shall complete the distance of Swim 250m to 300m, Bike 5km to 8km, & 1.5km to 2km Run or at other distance to be approved by EB.
- 6) Paratriathlon whenever feasible as in accordance with World Triathlon's Paratriathlon Rules.
- 7) Age Groups Men & Women as per existing World Triathlon Competition Rules.

#### **Rule 7 : Duration**

The maximum period for the Championships shall be five (5) days, including the day for the Executive Board Meeting and the Congress. In the Congress, each member may send a maximum of three (3) Delegates, one of whom shall be a woman

#### **Rule 8 : Eligibility of Athletes**

Competitors, including the Age-groupers, must be entered by their respective National Federations via World Triathlon's website.

In events other than the Elite Men & Elite Women:

- 1) The Juniors must comply with the age requirement stipulated in World Triathlon

Competition Rules.

- 2) The U23s must comply with the age requirement stipulated in the World Triathlon Competition Rules.
- 3) The U15s must comply with the age requirement stipulated in the World Triathlon Competition Rules.
- 4) Age for each of the age group categories 16-19 yrs. and 5 years categories from 20 years to 80+ will be determined as of 31 December in the year of the competition.

### **Rule 9 : Closing Date for Entries**

Closing date for entries shall not be later than fourteen (14) days prior to the first day of Championship.

### **Rule 10 : Doping Control**

Doping control shall be carried out under the following conditions:

- 1) The Organizing Committee shall provide the technical and medical facilities (in particular personnel and equipment) to carry out the doping procedure according to the World Triathlon Doping Control Rules and Procedural Guidelines.
- 2) The LOC's Anti-doping Agency & the TD shall decide by a draw before each session which athletes are selected for doping control. This should either be on the final position or random basis but not by selection of named individuals.
- 3) Minimum of 8 in-competition tests are to be carried out.

### **Rule 11 : Awards**

- 1) In the individual events, the first placer shall receive a gold medal (not real gold) and a certificate, the second placer a silver medal and a certificate and the third placer a Bronze medal and a certificate. Certificate shall be given to the 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> placers.
- 2) In the team events, each participating member of the winning team shall receive gold medal and certificate, of the second-placed team a silver medal and certificate, and of the third-placed team a bronze medal and certificate.

### **Rule 12: Victory Ceremony**

Medals shall be presented, if possible, immediately after the event and in the following manner:

- 1) The competitors adjudged first, second and third shall take their places in the victory podium in their respective uniforms in accordance with existing World Triathlon's Policy.
- 2) The National Flag of the winner shall be hoisted on the center flagpole with the National Flag of the second placer on the right and the third on the left adjoining flagpoles facing the VIP stand.
- 3) The National Flags shall be hoisted to the accompaniment of the National Anthem of the winner with the medalists and the spectators turning towards the

National Flags.

**Rule 13 : Commemorative Medals**

A commemorative medal shall be distributed to each official and competitor.

**Rule 14 : Visa**

The host country must make sure all the NF delegates, team officials and athletes must get visa to enter the host country. The host country when applying to host our ATC must make sure from their authorities that visa will be given as per above.

**Rule 15 : Insurances**

The host country must buy insurance for medical in case the triathletes have to stay and undergo operation at the hospital and for any accident.

**Rule 16 : Prize Money**

The host country must have prize money for elites which must be as per World Triathlon rules and must get the approval of the AST EB on the amount. One month before the championships the prize money must be deposited with AST