

RULES FOR THE ASIAN CUP SERIES

Introduction : These rules are revised in line with ITU Continental Cup Rules.

Rule 1 : The Asian Triathlon Confederation (ASTC) will promote Asian Cup Series, every year. The national federation (NF) will inform Secretary General of ASTC & Chair of Technical Committee (TC) on their desire to hold the Cup. The series will be held according to existing ITU Rules. Every NF may hold up to 2 series events in a year & up to 15 such events in Asia. Any NF wishing to hold more than 2 series events must apply to the Secretary General of ASTC before 31 Dec of the preceding year and it is subject to the approval of ITU Executive Board.

Rule 2 : Application to hold the Asian Cup Series shall be submitted to the Secretary General before 15th December or any date as declared by the Secretary General for events to be held the following year. The EB shall consider the dates & make necessary adjustment to avoid clashing of other regional, international & major events subject to agreement by all parties.

Rule 3 : Asian Cup Series shall hold the following races:-

- a) For Elite Men & U23 Men and Elite Women & U23 Women at the distance of 1.5 KM swim, 40 KM bike and 10 KM run
- b) For 16 – 19 Junior Sprint Men and Women at the distance of 0.75 KM swim, 20 KM bike and 5 KM run.
- c) For Age grouper for men and women as per existing ITU Competition Rules
- d) For Team Mixed Relay, wherever possible, it is encouraged to hold the event at the distance of 250m swim, 7km bike & 1.8km run.

Rule 4 : **Duration**

The maximum period for the Asian Cup Series Event shall not exceed 3 days.

Rule 5 : **Programme**

The organising member shall determine with the Technical Delegate (TD) the order of the events and complete event schedule at least three (3) months before the Asian Cup Series Event.

Rule 6 : **Eligibility of Athletes**

Competitors must comply with the qualification defined in existing ITU Competition Rules

Rule 7 : **Competition Rules**

All competitions are to be carried in according to existing ITU Rules

Rule 8 : **Closing Date for Entries**

All entries must be submitted by the NFs via ITU's website & shall not be later than fourteen days prior to the first day of the competition.

Rule 9 : Awards

The awards shall consist of medals. In individual events the first prize shall be gold (not real) medal, the second prize a silver medal & the third prize a bronze medal. In team events, each participating member of the winning team shall be given gold medal for the first team, silver medal for the second team and bronze medal for the third team.

Rule 10 : Symbol of the Asian Triathlon Confederation

The ASTC Logo must be prominently shown on all the materials.

Rule 11: Financial Obligation of Organising Member

1. To pay airfare (economy) for TD by the host country, board and lodging for 3 nights and 4 days.
2. To pay for 2 elite athletes (one of whom must be a female) and 1 official from member country for 2 nights and 3 days accommodation & meals, provide local transport and waiver of entry fee.
3. To pay sanction fee of US\$1,000 to ASTC.
4. To pay TD allowance of US\$300.
5. To pay for the airfare of the Assistant TD & an allowance of US\$150.

Rule 12: Duties of Organizing Member

1. Bear all the cost of organization.
2. Set up the venue & race course for TD's inspection.
3. Provide all resources for the safe conduct of the race to TD, aTD & other CTOs.
4. After the event, the LOC is to send the full results to the Secretary General & ITU on the same day.

Rule 13 : Doping Control

Doping control shall be carried out under the following conditions:

1. The Organizing Committee shall provide the technical and medical facilities (in particular personnel and equipment) to carry out the doping procedure according to the ITU Doping Control Rules and Procedural Guidelines.
2. The LOC's Anti-doping Agency & the TD shall decide by a draw before each session which athletes are selected for doping control. This should either be on the final position or random basis but not by selection of named individuals.
3. Minimum of 8 in-competition tests are to be carried out.

Rules 14 : Duties of TD

1. TD shall approve the course and conduct the race in accordance to existing ITU Rules.
2. TD shall submit a full report of the series to ITU & cc to Secretary General not later than three weeks after the race.